

5th - 30th June 2024



Winter wellness

Codral PE Day & Night Cold & Flu 24 Tablets







\$749

SAVE \$2.50

Difflam Plus

Sore Throat + Anaesthetic Honey & Lemon 16 Lozenges



Duro-Tuss Chesty Forte 200ml

REWARDED

with A-List Rewards*

alist

Ethical Nutrients ETHICAL NUTRIENTS Nexgen Immune NEXGEN IMMUNE 30 Tablets

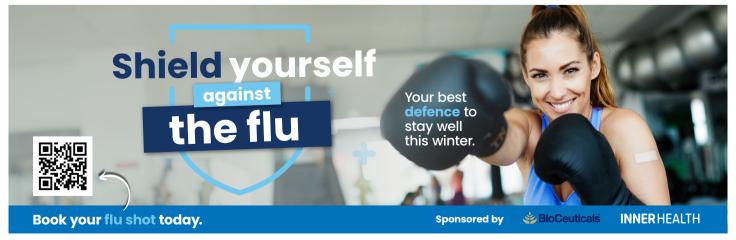


BioCeuticals ArmaForce Daily Protect 60 Tablets



SAVE \$24.00

Life-Space Immune Support Probiotic



Always read the label and follow the directions for use, *Saving claims are based on the supplier Recommended Retail Price, **A-List Rewards terms and conditions apply. View full terms and conditions:

Supercharge your immunity

Maintaing a nutritious and balanced diet, getting good quality sleep and regular exercise are important steps to keeping your immune system fighting fit. For when life gets in the way or for that extra boost to support your immunity, we have a range of supplements available! Ask our Pharmacist about the right options to suit you.



\$**40**99

BioCeuticals UltraBiotic 45 30 Capsules





SAVE \$11.46

Ethical Nutrients Extra C Plus Zinc 60 Tablets



SAVE \$8.50

Blackmores Bio C 1000 62 Tablets



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from

SAVE # \$13.50

Bioglan Lung Clear or Immunoforce 60 Tablets



SAVE \$5.50

Nature's Way Kids Smart Vita Gummies Immune Defence 60 Pastilles



\$**Q**99

SAVE \$6.00 Cenovis

Mega C 1000mg Orange Flavour 60 Tablets



40% \$4099

SAVE \$8.00

Swisse Ultiboost 7inc+ 60 Tablets



SAVE # \$7.00

Chemists' Own Provance

GMO Free Vitamin C 120 Hard Capsules or Immune Defence 60 Hard Capsules



Pregnancy Vitamins & Minerals 1 A Day 30 Tablets



SAVE \$11.50

Nature's Own Super B Complex



SAVE \$5.50°

Blackmores Cod Liver Oil 1000mg 80 Capsules



Quality Health Odourless Fish Oil 1000mg

400 Capsules

Stimulate your body's natural immune response.

INNER HEALTH | Australia's Probiotic Experts



70% of your immune system is which is why a healthy gut means a healthier you.

Ask your pharmacist how a course of probiotics can help you stay well.



We've got your cold covered



Duro-Tuss Relief Dry Cough Liquid



Benadryl PE Chesty Cough and Nasal Congestion





Demazin PF













200ml





\$899







































Winter allergies & congestion











\$19⁹⁹











Cetirizine Hayfever & Allergy Relief 70 Tablets



APOHEALTH

Loratadine Hayfever & Allergy Relief 50 Tablets







NeilMed Sinus Rinse Refill 120 Sachets

Everyday basics





















SAVE \$1.46°

Coloxyl with Senna

Dual Action Constipation Relief 30 Tablets





SAVE # \$2.46

Bosisto's Eucalyptus Oil 50ml or Spray 200g





SAVE # \$12.00

Ezy Dose Pill Cutter or Weekly Four Times-A-Day Medtime Planner





Help out your health













\$449

SAVE \$0.71

Hot Hands Hand Warmers 1 Pair











Colgate Total Advanced Clean



\$549



SAVE \$2.00

Interdental Angle 0.5mm Red 6 Pack





\$5499















SAVE \$27.96

In Essence Australian

Native Aroma Diffuser

















Nourish your skin from your head...









Schwarzkopf Easy Care Marrakesh Oil & Coconut Replenishina Shampoo or Conditioner 400ml



Coco-Scalp Ointment







Control Kit



40a

SAVE \$2.00

Ego QV Face Cleansing Wipes 25 Wipes

















Jelly Moisturiser



SAVE \$3.00

Garnier Hvdra Bomb Tissue Mask with Chamomile or Pomegranate

Give your skin some love!

The low temperatures and humidity during the winter season causes skin to become dry, and can result in poor barrier function of the skin, flare ups of eczema and dermatitis and increased sensitivity and itch.1

There are ways to counter the skin changes brought on by the cold. WHAT is an easy way to remember the four elements to an all-round approach to your skin health this winter:



Wash your skin with gentle cleansers



Heal your skin to maintain skin health and prevent damage



Avoid the triggers that cause irritation to your skin



Treat your skin with products that meet the unique needs of specific skin conditions

If you're struggling with your skin, speak with our pharmacy team about how best to manage your winter skincare routine!

Sometimes, it can feel like having a **skincare routine** requires too many steps or expensive products.

If you want to streamline your routine, you can do it in just two essential steps:

1. Cleanse

2. Moisturise & SPF

...Down to your toes





\$16⁹⁹

SAVE # \$7.00°

Cetaphil Pro Eczema

Prone Skin Restoring Body Wash or Moisturiser 295ml





\$20⁹⁹

SAVE # \$9.01

Aveeno

Skin Relief Fragrance Free Body Wash or Moisturising Lotion 1 Litre







\$16⁴⁹

SAVE \$4.50°

Dermeze

Moisturising Soap Free Wash 1 Litre





\$949

SAVE \$3.41

MooGoo

Natural Skin Milk Udder Cream 120g







\$21⁹⁹

SAVE \$6.96

Weleda

Skin Food 75ml or Skin Food Body Lotion 200ml



20% OFF

\$**22**⁹⁹

SAVE \$7.00°

Invite E Vitamin E Oil Spray 100ml





\$**3**⁴⁹

SAVE \$1.01°

Rosken

Intensive Moisture Hand Cream 75ml





....

Palmolive Naturals Body Wash Argan Oil 500ml or Shower Gel Hydrating 500ml





\$10⁹⁹

udoorom

Sudocrem Healing Cream 125g or 250g





\$199

SAVE \$1.00°

GAIA

Natural Baby Bamboo Baby Wipes 20 Pack







Swisspers Cotton Tips Paper Stems 120 Pack or 240 Pack









Dermal Therapy

Heel Balm 50g or Chafing & Sweat Rash Cream 75a



Trusted relief for pain















Chemists' Own'

Paracetamol Soluble 500mg 20 Tablets





Advil^ Liquid Caps 90 Capsules





Mersynofen^ Paracetamol & Ibuprofen 12 Tablets



Win 1 of 500 Kid's Scooters AU only. Ends 31/8/24 11:59pm AEST. Keep receipt(s). Max 1 entry/transaction. Max 1 prize/person (excl. SA), T&Cs apply.

Not an A-List member yet? Join today!**











Join A-List rewards today! Ask a friendly team member in-store for more details

Your local Pharmacy is:

